



**2018**

Sunday Worship  
10:00a.m.  
Sunday School during  
Worship

Fellowship Coffee  
Following Worship

**-Joint Board Meeting  
May 8 at 7pm**

**-Rajpur Fundraiser  
May 12th at 7pm**

**-Shepherd Group  
May 16 at 1pm**

**-Men's Fellowship  
May 26th**

**Pastor:**  
**The Rev. Rick Beck**  
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**Calgary, AB**  
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**Www.**

**goodshepherdmoravian.org**

Joint Board Chair:

Anita Jones

Building: John Dyck

Congregational Care:

Shirley Klockow

Treasurer:

Lynne Hennig

# Good Shepherd Church

## Mission Statement

**Good Shepherd Community Church:  
Where God loves, Christ leads and people serve.**

## Learning to Live in the Moment

We humans never seem to be happy where we are. No matter where we happen to be in life, we always seem to be looking to the horizon, the future, the grass on the other side of the fence. In the winter we want it to warm up. In the summer we want it to cool off. When it's dry we pray for rain and when it rains we lament the absence of the sun. It's a good thing God is patient, because there's just no pleasing us.

Winter has been never-ending this year. For the past months people (your pastor included) have been complaining about the cold weather and daily snow-shoveling. (You know it's bad when Walmart runs out of windshield washer fluid.) But once again spring is imposing its dominance over winter and we will probably start complaining about the mud and slop as we wait for the gardening season.

What would happen if we focused on what IS happening rather than what we WISH were happening. How would our lives be different if we lived in the present moment? "Mindfulness" is the popular word today. There is a gift in taking time to truly experience what is happening at any given moment whether it's pleasurable or not. Cold windy mornings that bite the face might remind us that there are things in life we must face with determination - endurance makes us stronger. Turning our face to the warm sun might remind us to pause and recognize that we did nothing to create the warmth we enjoy - like grace, it is a gift that we can bask in daily. When we pause to enjoy the singing birds and playful critters we might become profoundly aware that the world is something beautiful, wonderful and mysterious, and we play a significant part in it. How would your life be different if you gazed upon at least some of the many people you see daily with the words on your heart, "The image of God in me sees the image of God in you."?

It may not be possible to live in the moment all the time, but what if we made an effort and then celebrated each time we were successful. When we live in the moment, we are conscious of the Divine. And when we are conscious of the Divine we are living in the attitude of prayer. Maybe this is what the apostle Paul meant when he said, "Pray without ceasing." (1 Thes 5:17) Mindfulness; living in the present moment is how we pray with our whole being. When we live in the moment, nothing is wasted; everything points us to God and we are fully the people that we are created to be.

As the newness of spring turns to full bloom and we have not yet abandoned the present moment by longing for summer, lets make a commitment to live each moment as it comes. Savor the blessings that will sustain you in challenging times. Endure the challenges that will only make you stronger. Welcome the routine as a celebration of all that is faithful, like the seasons of the year and the Holy Mystery that orchestrated it all.

Pastor Rick